



Post-Job Offer Health Questionnaire That Supports Mental Health and Inclusion

Mental Health Awareness Week is the perfect time to rethink how we onboard new hires. At SleekHR, we're making it easier for UK SMEs to support their people, starting with a simple, inclusive post-job offer health questionnaire.

Why Use a Template?

Most small businesses want to support mental health but don't always have the tools. That's why we recommend starting with a customisable, rights-based questionnaire template that:

- Meets legal requirements without being intrusive.
- Encourages early disclosure in a safe, respectful way.
- Supports neurodiverse, disabled, and mentally unwell employees without stigma.

What to Include: General wellbeing check-ins

Questions around past support needs (without pressuring disclosure)

Space to request adjustments or preferred communication styles

Clear explanation of confidentiality and next steps

Final Thought:

Let's normalize asking: *"How can we support you to do your best work?"* rather than waiting for people to struggle in silence.

Happy Mental Health Awareness Week!